

My paintings attempt to document what I call visual diaries of my inner world.

In my studio, I do explore intuitive abstraction. Using my left, non-dominant hand to paint, I start with gestural mark making or shapes. Color, form and line emerge and coalesce; they come together in unique compositions. My eyes direct, and I paint in a way where the hand is exploring the surface without control. I do not think about what I am doing but allow the right side of the brain to imagine what could be happening on the canvas.

To me, the artist, what matters is the process, the experience of shaping my artwork and refusing to accept limitations imposed by rules, elements of style and formal techniques.

